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Microcapsules containing food additives and their use.

The present invention provides a microcapsule for delivering a food additive to a food product to be baked or cooked. The microcapsule in accordance with the invention is particularly suitable for delivering such a food additive which is labile upon simultaneous exposure to water and temperatures such as are prevailing during the cooking or baking process.

The microcapsule of the invention consists of a core and a coating, and comprises optionally also a leavening agent whereby the core comprises the food additive and the coating comprises either a hydrogenated castor oil (HCO) film or, where the microcapsule comprises also a leavening agent, a material which forms a water impermeable film which may be ruptured by gases formed by the leavening agent when the temperature is increased.

EP 0 411 326 A2

MICROCAPSULES CONTAINING FOOD ADDITIVES AND THEIR USE

The present invention relates to a means for stabilizing various food additives, such as flavouring agents during baking or cooking processes, particularly such additives which should be released towards the end of the process or shortly thereafter.

Various food additives, such as sweeteners and spices, are unstable under conditions prevailing during baking or cooking processes and may thus be destroyed during these processes, thereby considerably limiting their applicability. One such additive is the widely used sweetening substance aspartame (N-L- α -aspartyl-L-phenylalanine-1-methyl ester) which is particularly sensitive to the combination of an aqueous environment and high temperatures encountered in cooking or baking. Although aspartame is comparatively stable at elevated temperatures under anhydrous conditions or in an aqueous environment at low temperatures, the combination of heat and an aqueous environment causes the breakdown of this dipeptide substance whereby its sweetening ability is destroyed.

One method heretofore used for stabilizing food additives is microencapsulation. However, in most microencapsulation methods, the active ingredient is protected and stabilized not only during cooking or baking, but remains encapsulated while the food product is being consumed. The encapsulated food additive is released only in the mouth, stomach or intestines, by disruption of the coating layer, by diffusion or by dissolution of the coating layer (e.g. in a pH-dependent or other manner). While such a method is acceptable for administration of medications or vitamins, which need not be available to the consumer until they reach the stomach or intestines, it is unacceptable for flavoring agents, the taste of which should be experienced in the mouth.

U.S. Patent No. 3,796,814 discloses condiment-containing fatty particulates for use in the baking process. The particulates are prepared by contacting the heat-sensitive condiment with preformed fatty matrix particles at a temperature slightly above the melting point of the matrix for a time sufficient for absorption of the condiment into the particles.

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- U.S. Patent No. 4,384,004 discloses solid particles of encapsulated aspartame suitable for incorporation into chewing gum.
- U.S. Patents Nos. 4,711,784 and 4,740,376 disclose a method and composition for protecting sweeteners, such as aspartame, or other flavouring agents by encapsulation, particularly for use in chewing gum. The encapsulation composition disclosed comprises a blend of high molecular weight polyvinyl acetate having a molecular weight of about 20,000-100,000 and a hydrophobic plasticizer.
- U.S. Patent No. 4,752,485 discloses compositions having a core material being a sweetener, such as aspartame, another flavouring agent, a drug or the like, and a hydrophobic matrix consisting of lecithine, an edible material at a specific melting point and at least one triglyceride.
- U.S. Patent No. 3,914,439, discloses a dry particulate flavour composition comprising liquid flavouring oils which are adsorbed onto sugar crystals which in turn are coated with hydrogenated vegetable oil. The crystals are then sealed with a shellac coating to form a dry, free-flowing particulate flavour composition. These flavour compositions are used in tea brewing bags, where contact with hot water melts the vegetable oil and releases the flavour.
- U.S. Patent No. 3,317,433 discloses heat rupturable capsules which are used as components in an external embedding substance capable of reacting or combining with the core entity materials when the core materials are released by heat rupture. Examples of such products include capsules containing solvents or plasticizers embedded in a solid adhesive film.
- U.S. Patent No. 4,810,534 discloses film-coated compositions comprising crosslinked, refined shellac and an edible component. The coated compositions are useful in composite food articles having phases which differ substantially in their water lability being in contact with each other.
- U.S. Patent No. 3,091,567 discloses encapsulating agents with a defined water repellency which may contain volatile, relatively water-insoluble flavours or other substances.
- U.S. Patent No. 4,288,460 discloses a method for protecting granular water-soluble food ingredients which deteriorate upon exposure to the atmosphere. By encapsulating these ingredients in a protective coating consisting essentially of a fatty acid derivative selected from polyoxyethylene sorbitan monosleate, polyoxyethylene sorbitan monostearate and lecithin; propylene glycol; and a flow agent such as fumed silica or carboxymethylcellulose. The coated particles have a long shelf life but are substantially instantaneously soluble in water.
- U.S. Patent No. 4,710,391, discloses a flavouring agent used to flavour fried foods which is encapsulated so that the flavouring agent can be readily removed from the oil used to fry the food products. A high melting point fat coating on the flavouring agent helps to protect the encapsulant from water and from

physical damage prior to and during frying.

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U.S. Patent No. 4,704,288 discloses heat stabilized compositions of aspartame and a partially hydrogenated vegetable oil melting at about 49°C or above. The particles are formed into 8-40 standard mesh particle size, i.e., from 420 to 2308 microns. Both the type of fat and the particle size are critical to this process.

U.S. Patents Nos. 4,722,845 and 4,839,184 disclose delivery systems for effecting a controlled release of active ingredients, in which the active ingredients are encapsulated in a matrix consisting of a hydrogenated or partially hydrogenated fat, a polyethylene wax having a melting point of 106° C or more and a triglyceride.

U.S. Patent No. 4,824,681 discloses a composition of a sweetener encapsulated by a coating material comprising a hydrophobic polymer and a hydrophobic plasticizer. The composition is intended particularly for incorporation into chewable food products such as chewing gum and chewable confections.

EP-A1-53844 discloses dipeptide sweetening compositions in which the dipeptide is encapsulated in a matrix consisting of solid foods, emulsifiers and polysaccharides. Such a composition protects the dipeptide against degradation by heat or enzymes and this gives the food a long-lasting sweetness.

None of the above methods was fully satisfactory for stabilizing food additives which are sensitive to the combined action of heat and water so as to keep them intact during cooking or baking but make them available to the consumer of the food immediately upon tasting and eating.

It is an object of the present invention to overcome the above-noted deficiencies in the prior art.

It is another object of the present invention to provide means for stabilizing food additives during cooking or baking processes in particular food additives which are labile upon simultaneous exposure to heat and water at temperatures prevailing during cooking or baking, while releasing them towards the end of the process or shortly thereafter. In the case where said food additive is a flavouring agent, it thus becomes available to the senses upon consumption of food products containing them. According to the present invention food additives are coated in such a way that after exposure to a certain temperature for a certain amount of time, the coating layer is disrupted or disintegrated so that the coated food additive is exposed.

The present invention provides a microcapsule for delivering a food additive to a food product to be baked or cooked, said microcapsule consisting of a core and a coating and optionally comprising a leavening agent whereby the core comprises said food additive, and the coating comprises a hydrogenated castor oil (HCO) film or, where said microcapsule comprises a leavening agent, a material forming a water impermeable film which may be ruptured by gases formed by the leavening agent when a predetermined temperature is reached.

Thus in one embodiment of the present invention the coating comprises an HCO film, which has a melting point of about 84-88°C. This embodiment will, at times, be referred to herein as the "HCO embodiment". It was surprisingly found in accordance with the invention that HCO is far superior than other fatty substances having a similar melting point, in its ability to protect food additives which are labile upon the simultaneous exposure to an aqueous environment and to heat encountered during cooking or baking, but rendering them available upon consumption.

In another embodiment of the present invention the microcapsule comprises a leavening agent which is a substance which forms a gas when heated to a certain temperature, and the coating comprises a material which forms a water impermeable film which may be ruptured by the so-produced gas. This embodiment will, at times, be referred to herein as the "LA embodiment". The leavening agent may be any agent acceptable for human consumption which is capable of releasing a gas when heated.

According to the HCO embodiment, small particles of food additives are coated with HCO or a mixture of HCO and a compatible coating material. HCO *per se* has a melting point of about 84-88 °CC but by the use of compatible coating material the melting point of the coating may be shifted from about 70 to about 100 °C.

A compatible coating material which may be included together with HCO may be any one of a large number of such substances acceptable for use in foods, e.g. various food grade polymers, various fatty substances etc. Examples of such substances are ethylcellulose, methylcellulose, calcium stearate, stearic acid, and the like. Particularly preferred, in accordance with the HCO embodiment are coatings which have a melting point in the range of about 80-90° C such as the HCO per se, or a mixture of 5-7% ethyl cellulose in HCO, a mixture of HCO with calcium stearate and stearic acid and the like.

In the following, the working of the HCO embodiment will be described at times with reference to a microcapsule having a coating consisting of HCO. It should be clear to a person skilled in the art that the same description applies *mutatis mutandis* also to microcapsules having a coating comprising HCO together with other compatible substances as specified above.

During the first stage of the cooking or baking process, the coating layer remains intact but when the

temperature rises beyond the melting point of the coating, the coating begins to melt. It should be noted that HCO, like all fats, does not have a very defined melting point and the melting thus occurs over a range of temperatures with the fluidity of the HCO increasing with the increase in temperature. With the increase in fluidity of the coating, the core is gradually exposed releasing the food additive contained therein. However, since HCO is very hydrophobic it repels water and thus even after a complete melting of the HCO at a temperature above 90 °C, the exposure of the core is not immediate and may be delayed for several more minutes.

The microcapsule in accordance with the HCO embodiment, is particularly suitable for use in food products which are processed by cooking or baking or by prolonged cooking at moderate temperatures, although not limited to such applications. Such products may, for example, be various dairy products such as yoghourt or flavoured cream cheese which are processed by cooking at moderate temperatures. In some cases yoghourt is warmed during its preparation to a temperature of about 65°C from 1-4 hours before being filled into the cups. The microcapsules are devised so that the coating is only partially disrupted during this time so that water reaches the core only to a very small extent and thus the food additive in the core remains protected. After this treatment, the yoghourt is stored at room temperature for a certain amount of time and then refrigerated for about another 24 hours or more. During this time, the food additives diffuse out through the partially disrupted coating of the capsules. Where the said additive is a sweetener such as aspartame, the yoghourt thus acquires a sweet taste.

As another example, the microcapsules in accordance with the HCO embodiment are suitable also for use in products which are processed by exposure to a brief baking period, such as cookies, biscuits, doughnuts and the like. During such a brief baking period the exposure of the food additive occurs usually at a time when most of the water in the product has been evaporated.

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It was surprisingly found in accordance with the present invention that other chemically similar coating materials which have a melting point at the same range of temperatures as HCO, were far inferior to HCO in their capability to protect a food additive encapsulated thereby from simultaneous exposure to both heat and water. For example, a mixture of calcium stearate and stearic acid which has a melting point of about 86 °C only provided about 60-65% protection for aspartame in baking products as compared to over 90% protection provided by HCO.

In accordance with the LA embodiment the leavening agent induces the production of a gas which causes the disruption of the film in the coating. As a result the *a priori* concealed food additive-containing core is exposed. The leavening agent in the microcapsule may be mixed together in the core with the food additives, it may be incorporated as an inner part of the coating or may be intimately mixed with the coating material. The leavening material may be any one of a large number of agents acceptable for use in food which are capable, at a certain temperature, to cause the release of a gas (such as carbon dioxide or ammonia) when heated. Such agents may be sodium bicarbonate, ammonium carbonate and the like.

The coating in accordance with the LA embodiment may be made of any of a large number of materials which are capable of forming a water impermeable film and which can be disrupted upon the exertion of pressure by gases formed by the leavening agents. Examples of such materials are various polymers, e.g. polyethylene, cellulose, ethyl cellulose, HCO and other fat substances particularly such having a melting point above about 100° C, as well as mixtures of these. A particular example of such a coating material is a mixture of 5-7% of ethyl cellulose in HCO which is also suitable for use in accordance with the HCO embodiment as noted above.

Various kinds of leavening agents may be used in accordance with the LA embodiment, some of which, such as sodium bicarbonate require water in order to release gases, some others, such as a combination of sodium bicarbonate and a phosphate salt, require only a low moisture for releasing a gas, and still others, such as ammonium bicarbonate, release gas in the absence of water. For example, if a leavening agent of the latter kind is used, it may be of a kind which releases a gas at a temperature above 100°C. Microcapsules in accordance with the LA embodiment comprising such a leavening agent will thus release the food additive contained therein when the food products reaches a temperature above 100°C when most of the free water has evaporated. Such microcapsules are particularly suitable for use in food products which undergo prolonged baking, such as cakes, bread, pies, and the like. During baking the temperature remains below 100°C as long as water is present and only after most of the water has evaporated or incorporated into other ingredients of the product the temperature rises above 100°C. Upon such rising of the temperature the leavening agent releases gases which disrupt the coating and the food additive contained in the core is thus exposed.

The other types of leavening agents may be used in accordance with the LA embodiment for a number of applications in cooking or baking as may be readily appreciated by the man skilled in the art.

The food additives included in microcapsules in accordance with the invention may be any one of a

large variety of additives such as spices, salts, acids, sweetening agents, leavening agents (which have to be protected throughout most of the baking or cooking process), yeasts, bacteria, dyes and the like.

A particularly preferred food additive to be contained in microcapsules according to the present invention is the sweetener aspartame.

In addition to the food additives the core may comprise also various inert substances which by themselves do not have an effect on the finished food product, such as polyvinylpyrrolidone (PVP), calcium phosphate, polydextrose, methylcellulose, ethylcellulose, maltodextrine and the like.

For the preparation of microcapsules according to the present invention, small particles of food additives are coated with a coating as defined above, which coating may be accomplished in any acceptable manner, such as in a modified fluidized bed apparatus. The apparatus can be adapted in such a way that small coated microcapsules i.e., less than about 500 microns in diameter, can be produced without agglomeration. Such microcapsules are generally preferred for ensuring even distribution of the food additives in the food product to be cooked or baked.

The present invention also provides a food additive preparation comprising microcapsules as defined above. Such preparation may be provided in various packagings, either for industrial or domestic use, optionally accompanied with instructions for use in various food products.

The present invention further provides a process for cooking or baking comprising the use of the above microcapsules or preparation.

Finally, also provided by the present invention are food products prepared with the above micro-capsules and preparations.

The invention will now be illustrated in a number of non-limiting specific embodiments described in the following Examples. A person skilled in the art will no doubt appreciate that these are only examples of the generic teaching of the invention as defined in the claims.

EXAMPLE 1: Granulation of aspartame with PVP and coating with HCO

A: Granulation

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Half a kilogram of aspartame particles of a size of about 20 microns, was mixed with 150 g PVP and loaded into a modified Uni-Glatt powder coater. The powder was fluidized at an inlet temperature of about 30 °C and sprayed with 250 ml water over a period of ten minutes. The granulated material was dried for 40 minutes at 40 °C inlet temperature.

The granules were sieved, and the fraction (80%) between 50 and 350 microns was separated from the rest and used for further processing.

B: Coating

The separated fraction obtained in A above was loaded into the Uni-Glatt apparatus and sprayed with 1400 g of melted HCO (m.p. 85°C). The inlet temperature was 45°C and the total amount of the coating was sprayed over a period of 45 minutes. The fluidizing air flow was changed during the process as needed in order to keep the material fluidizing well. The so obtained coated material was sieved, and the particles having a diameter above about 500 microns were discarded and the remaining particles, being thus of a diameter below 500 microns were used in baking.

EXAMPLE 2: Granulation of Aspartame with Polydextrose, and coating with HCO

500 grams of Polydextrose A (Pfizer) and 500 grams of aspartame were mixed and granulated as described in Example 1A. Only 150 ml of water was used in order to obtain a particle size of about 50-350 microns. Five hundred grams of the granules were coated with 1400 grams of HCO in a similar manner as Example 1B. The so obtained microcapsules were used in baking.

EXAMPLE 3: Coating of Aspartame with HCO and a Mixture of Calcium Stearate and Stearic Acid

By the method of Example 1B, 500 grams of granulated aspartame, 50-350 microns in size, were coated with 500 grams of hydrogenated castor oil. 250 grams of calcium stearate and 250 grams of stearic acid were mixed together and melted. The cold solid mixture had a melting point of 86° C. 500 grams of this melted mixture was used to coat 500 grams of the HCO-coated granules in a similar manner as above. The coated material was used in baking of batters and doughs.

EXAMPLE 4: Granulation of Aspartame with Calcium Phosphate and Sodium Bicarbonate and coating with HCO

50 grams of calcium phosphate and 50 grams of sodium bicarbonate, were milled together to give a very fine powder. This powder was mixed with 500 grams of aspartame and 150 grams of PVP. The mixture was fluidized in a Uni-Glatt powder coater at an inlet temperature of 30 °C. The granulation was achieved by spraying 200 ml of water over a period of ten minutes. The granules were dried for one hour at 35 °C. 500 grams of sieved material were coated with 1400 grams of hydrogenated castor oil as described in Example 1B. The so obtained microcapsules were used for baking.

EXAMPLE 5: Granulation of Aspartame with Ammonium Carbonate and coating with HCO

In a similar manner as in Example 4, 50 grams of milled ammonium carbonate, 500 grams of aspartame and 150 grams of PVP were granulated and coated with HCO. The so obtained microcapsules were used in baking.

EXAMPLE 6: Coating of aspartame with a Suspension of Sodium Bicarbonate and Calcium Phosphate, and then with HCO

500 grams aspartame granules, granulated as in Example 1A, were loaded into a Uni-Glatt apparatus and fluidized at 25°C. 25 grams of sodium bicarbonate and 25 grams of calcium phosphate were milled and suspended in 200 grams of partially hydrogenated vegetable oil (m.p. 38°C) at 40°C. The suspension was sprayed onto the aspartame granules. These granules were the coated by 1200 grams of melted HCO. The so obtained microcapsules were used in baking.

EXAMPLE 7: Cookies made from Aspartame coated with HCO

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Cookies were made from the following ingredients, the concentration in percentage by weight is given for each ingredient:

Part A		
Flour	49.6	
Corn Starch	3.6	
Polydextrose A (Pfizer)	15.4	
Sodium chloride	0.4	
Sodium bicarbonate	0.2	
Ammonium carbonate	0.3	
Aspartame microcapsules in accordance with Example 1B	1.1	
Part B		
Hydrogenated soybean oil, m.p. 38°, flushed by nitrogen	13.6	
Eggs (whole, mixed, frozen)	2.7	
Water	10.8	
Malt (dry)	1.4	
Artificial vanilla flavour	0.9	

To make the cookies, the ingredients of Part A were mixed and the ingredients of Part B were creamed together. The mixed ingredients of Part A were then admixed into the creamed ingredients of Part B to obtain a smooth mixture. Round cookies were formed, 5 cm in diameter, 0.5 cm high. The cookies were baked at 240 °C for six minutes. The cookies were sweet in taste, indicating that the aspartame had not been destroyed by the combination of heat and water.

Analysis

Analysis of these cookies for their aspartame content was performed by two methods:

- a) Ninhydrin method which showed recovery of 90-97% of the aspartame.
- b) HPLC (High performance liquid chromatography) method which showed recovery of 90-92% of the aspartame.

EXAMPLE 8: Coating of aspartame with different fats

A. Granulation:

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i) Granulation with methylcellulose

250 grams of aspartame powder were mixed with 250 grams of methylcellulose Methocel A15LV (Dan Chemicals). The mixture was fluidized and sprayed with 220 ml of water for a period of ten minutes, and the mixture was dried at 35°C for a period of twenty minutes. The yield was 94% by weight, and 70% of the particles were in the size range of about 50-300 microns.

30 B. Coating:

Aspartame granules obtained above were coated with various fatty substances to determine whether the type of the fatty substance had any effect on the stability of aspartame under baking conditions:

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i) Glyceryl monostearate (GMS)

500 grams of aspartame granules were coated in a modified fluidizer bed apparatus with 500 grams of melted glyceryl monostearate which has a melting point of 65°C.

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ii) Calcium stearate and Stearic acid

500 grams of aspartame granules were coated with a mixture of 300 grams calcium stearate and 200 grams stearic acid, in melted form. The melting point of this mixture of stearic acid and calcium stearate is 86°C.

iii) Stearic acid

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500 grams of aspartame granules were coated with 500 grams of melted stearic acid in the fluidized bed apparatus. Stearic acid has a melting point of 69°C.

iv) Ethyl Cellulose dissolved in Hydrogenated Castor Oil

500 grams of granules II were coated with 450 grams of melted HCO in which 50 grams of ethyl cellulose (Ethocel 4) were dissolved. The coating was performed in a modified fluidized bed apparatus.

v) Coating of Compacted Aspartame

500 grams of compacted aspartame (the particles having a diameter of about 80-250µ) were coated with HCO as described in Example 8.

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C. Use of the coated aspartame granules

The coated aspartame microcapsules prepared above were used in cookies baked according to the procedure of Example 7, and the degree of recovery of the aspartame in the baked cookies was measured. The results are shown in the table below:

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Coating	% Aspartame Recovery
Glyceryl monostearate	55-60
Stearic acid	45-48
Calcium stearate/stearic acid	60-65
Hydrogenated Castor Oil	90-95
Ethyl Cellulose dissolved in Hydrogenated Castor Oil	90-97

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The above result clearly show the unexpected advantage of coating with HCO as compared to other coating substances having similar melting points.

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Example 9: Granulation of aspartame with maltodextrin and a mixture of maltodextrin and methylcellulose and coating with HCO.

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A. Granulation

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1920g aspartame particles of a size of about 10-20 microns were mixed with 480g maltodextrin DE-10 and loaded into a modified Glatt powder coater GPCG 3. The powder was fluidized at an inlet temperature of 30 °C and sprayed with 600ml of citric acid solution, pH 2.3 over a period of 10 min. The granulated material was dried for 45 min, at an inlet temperature of 80 °C. A similar batch was prepared under the same conditions but instead of 480g maltodextrin a mixture of 240g maltodextrin and 240g methocel E-5 was used.

B. Coating

2500 g of granulated material as above were sprayed with 1500gm melted HCO. Inlet temperature was 35°C. Spray speed was 50g/min.

This material was effectively used in yoghourt.

Claims

- 1. A microcapsule for delivering a food additive to a food product to be baked or cooked, said microcapsule consisting of a core and a coating and optionally comprising a leavening agent whereby the core comprises said food additive, and the coating comprises a hydrogenated castor oil (HCO) film or, where said microcapsule comprises a leavening agent, a material forming a water impermeable film which may be ruptured by gases formed by the leavening agent when a predetermined temperature is reached.
- 2. A microcapsule according to Claim 1 wherein said ccating comprises an HCO film.
- 3. A microcapsule according to Claim 2, wherein the coating comprises also a compatible coating material effective in shifting the melting point of the coating to a temperature within the range of 70-100° C.
- 4. A microcapsule according to Claim 3, wherein said compatible ccating material is a polymer or a fatty

substance other than HCO.

- 5. A microcapsule according to Claim 1 comprising also a leavening agent whereby said coating comprises a material which forms a water impermeable film which may be ruptured by gases formed by said leavening agent when a predetermined temperature is reached.
- 6. A microcapsule according to Claim 5, wherein the leavening agent forms part of the core.
 - 7. A microcapsule according to Claim 5 wherein the leavening agent forms part of the inner layer of the coating.
 - 8. A microcapsule according to Claim 5, wherein the leavening agent is intimately mixed with the coating material.
- 9. A microcapsule according to any one of Claims 5 to 8, wherein the film comprises also one or more coating material selected from the group consisting of various polymers, HCO and other fatty substances.
 - 10. A microcapsule according to any one of the preceding claims, wherein the core comprises also an inert substance.
 - 11. A microcapsule according to any one of the preceding claims, wherein said food additive is aspartame.
- 12. A food additive preparation comprising microcapsules according to any one of Claims 1 to 11.
 - 13. A preparation according to Claim 12, wherein said microcapsules are predominantly of a diameter below about 500 microns.
 - 14. A process for preparing a finished food product comprising mixing various ingredients, including food additives, and cooking or baking, whereby a processed food product is obtained, characterized in that at least one of said food additives is included in microcapsules according to any one of Claims 1 to 11.
 - 15. A process according to Claim 14, wherein said food additive is aspartame.
 - 16. A finished food product obtained by the process of Claim 14 or 15.

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